

# Taree West Public School

Teamwork Welfare Performance Scholarship

Wingham Road Taree NSW 2430

T 02 6552 1910 F 6551 0751 E [tareewest-p.school@det.nsw.edu.au](mailto:tareewest-p.school@det.nsw.edu.au)

Web [www.tareewest-p.schools.nsw.edu.au](http://www.tareewest-p.schools.nsw.edu.au)



Term 1 – Week 9

Tuesday, 22 March 2016

## WHAT'S ON

|                  |                    |                                                                |
|------------------|--------------------|----------------------------------------------------------------|
| Wednesday        | 23 March           | Zone Soccer and Hockey trials – boys and girls<br>School dance |
| Thursday         | 24 March           | K-2 Celebration Hat Parade – 9:30am                            |
| Friday           | 25 March           | Good Friday Public Holiday                                     |
| Monday           | 28 March           | Easter Monday Public Holiday                                   |
| Tuesday-Thursday | 29 March – 7 April | Life Education Van visit                                       |
| Thursday         | 31 March           | PCYC Gym starts for 1C, 2G and Yr 2's from 2-3-4S              |
| Friday           | 1 April            | Kinder Bus Safety trip                                         |
| Monday           | 4 April            | TWPS K-6 Cross Country                                         |
| Thursday         | 7 April            | End of Term Assembly<br>Grandparents Day                       |
| Thursday         | 28 April           | School ANZAC service                                           |
| Monday           | 16 May             | School Photos                                                  |
| Tuesday-Friday   | 10-13 May          | NAPLAN Yr 3 & 5 students                                       |

## Principal's Report

Congratulations to our Year 2 and 3 Choir who performed for our community yesterday at the GTCC Library in celebration of Harmony Day. The children also became stars on TV last night. Well done to our very talented students and teachers!

We also had a very enjoyable day at school with Kinder to Year 6 students actively involved in class based activities in the recognition and celebration of our cultural diversity.



## P&C School Executive

I would like to congratulate the following parents to the 2016 Taree West School P&C Executive,

President – Vanessa Bergan

Vice President – Majida Mitchell

Secretary – Leanne Nowland

Treasurer – Mark Bergan

We have also welcomed a number of new parents to our school P&C this year and to a few of the committees, which is wonderful.

## Grandparents Day

Grandparents Day will take place this year on Thursday 7 April 2016. An invitation is being sent home with this newsletter. Grandparents will be invited to attend our end of term medallion Assembly and will also take part in class activities and a possible visit to the see healthy Harold in the Life Education Van.

**Visitors to the school and picking up children from school**

All visitors to the school during school hours between 9:10am and 3:10 pm are required to report to the office on arrival. Parents picking up children from school of an afternoon are permitted to enter the school grounds from 3:00pm. Parents are asked not to enter the school grounds waiting to pick up children before this time as it is very disruptive to school and class programs.

**Old Student Desks – available for free**

We have replaced a number of older style desks in several of our classrooms with bright coloured tables therefore we now have an oversupply of student desks which we are offering to parents/families for free. If you would like a student desk for your child/children please come in to see Mr Bennett, our general assistant, near his shed this Wednesday, Thursday or Friday morning between 9am and 9:30am.

**Mid Coast Water - work in Bayview Crescent**

Parents are advised that Mid Coast Water is currently undertaking work in Bayview Cres. Parents need to be aware that this may impact on travel along Bayview Cres particularly when dropping of and picking up children. Mid Coast Water have requested that road users use extreme caution and drive slowly due to work on the road.

**Excavation works to the Staff Car Park**

Excavation work and repairs will commence in the staff car park over the next holiday period. It is anticipated that the work to this area will be completed by the beginning of Term 2

**Our School Facebook Page**

Please find us and like us on our school Facebook page. We often share photos and information with our school community.

**Donna Bensch**  
Principal

**Class Awards****Wk 4**

| Class | Class Award | Class Award | Class Award | Class Award |
|-------|-------------|-------------|-------------|-------------|
| K-1F  | James T     | Jodie G     | Emily N     | Caden J     |
| K-1W  | Luikas P    | Ella A      | Kalum H     | Koby C      |
| KB    | Logan C     | Charlie B   | Charlee A   | Taleah A    |
| KC    | Noah B      | Samson W    | Emily C     | Tayla M     |
| KG    | Roman B     | Bella S     | Eason C     | Hayley C    |
| 1C    | Myles P     | Ewen B      | Eliza C     | Mayela M    |
| 1J    | Alex E      | Monique L   | Riley M     | Nicholas K  |
| 2C    | Aiden P     | Shamiah W   | Tyizam F    | Jacinta B   |
| 2G    | Jake H      | Blake T     | Jessica M   | Lewis B     |
| 2m    | Nash T      | Jasmine T   | Leo A       | Luke M      |

**Wk 8**

| Class | Class Award | Class Award | Class Award | Class Award |
|-------|-------------|-------------|-------------|-------------|
| K-1F  | Rachael J   | Bryson J    | Julian C    | Mia C       |
| K-1W  | Telietha D  | Kade W      | Jamal P     | Abigail H   |
| KB    | Shakia H    | Rhianna S   | Ella H      | Win K       |
| KC    | Jacob S     | Sienna R    | Ethan T     | Cooper Y    |
| KG    | Ruby J      | Eason C     | Rhys K      | Ellorah H   |
| 1C    | Zack R      | Lincoln S   | Ulani M     | Ty C        |
| 1J    | Samuel S    | Lincoln C   | David B     | Will A      |
| 2C    | Imogen M    | Jannali S   | Kyle J      | Lachlan B   |
| 2G    | Zavier H    | Joel T      | Kasey J     | Rachael M   |
| 2m    | Talen R     | Sygh S      | Lachlan G   | Dylan R     |

**Life Education**

The Life Education NSW Van will be visiting our school from Tuesday 29 March to Thursday 7 April. Notes are going home to students again today as payment of \$7 per student is due by this Thursday 24 March. If you have already paid, please disregard the reminder.

**K-2 Hat Parade**

The K-2 Celebration hat parade will be held in the school hall at 9:30am on Thursday 24 March. We look forward to seeing parents and community members at this event. All students are encouraged to make a hat at home with their family to bring on the day.

**Cross Country**

The TWPS cross country will be held on Monday 4 April in the school grounds. Children are required to bring a drink bottle, hat and joggers on the day. Further details will follow.

**Year 6 Farewell**

This year we will be forming a parent/staff committee to organise the year 6 farewell. Interested parents need to have a student in year 6 and be able to attend meetings at times to be arranged between 8am and 4pm. If you are one of those parents could you please send a note with contact details to Mrs Wiseman (Stage 3 AP) or telephone and leave your name and contact details with the front office.

As it gets closer to the event there will probably be other opportunities to help out if that is your preferred option.

Our first meeting will be early in Term 2 at a time to be arranged.

**2016 SCHOOL PARLIAMENT**

Congratulations to our school leaders and their new parliamentary roles.

|                                    |                  |                                           |                   |
|------------------------------------|------------------|-------------------------------------------|-------------------|
| <b>PRIME MINISTER</b>              | Keira Kelly      | <b>MINISTER FOR ENVIRONMENT</b>           | Tyla Humphrey     |
| <b>PRIME MINISTER</b>              | Ethan Hill       | <b>MINISTER FOR WELFARE AND COMMUNITY</b> | Kaydance Williams |
| <b>LEADER OF THE OPPOSITION</b>    | Griffin Coleman  | <b>MINISTER FOR ENTERTAINMENT</b>         | Isabella Tait     |
| <b>SECRETARY</b>                   | Madeleine Prowse | <b>MINISTER FOR EDUCATION</b>             | Bryan Kong        |
| <b>MINISTER FOR COMMUNICATIONS</b> | Mitchell Starr   | <b>MINISTER FOR HEALTH AND TRANSPORT</b>  | Jessica Ferris    |
| <b>MINISTER FOR SPORT</b>          | Oscar Holt       | <b>MINISTER FOR LIBRARY</b>               | Makyah Cusbert    |

**PBL**

This fortnight our focus rule is keep our hands and feet to ourselves.  
With the core value of care.

Our Infants PBL class of the week is: **K/1F**.

The Primary PBL class of the week is: **3/4K**.

Our Infants PBL student of the week is **Stormi Beale 2G**



Our Primary PBL student of the week is **Nelly Bischofberger 3-4K**

**Harmony Day**

### Resilience Program

The Resilience Program has just run its 7<sup>th</sup> session this week and will end on Session 8 on the 24<sup>th</sup> March. Over the last two weeks year 5 & 6 have been looking at different ways to cope with difficult situation and making up 'Five finger step plans to problem solving'. This has been a difficult concept to grasp for many of the students. It seems easy to name a problem we are having, however it's hard to come up with a number of solutions and determine what the most effective solution will be. Sometimes its trial and error and learning from our mistakes. The students have also been looking at goal setting and how to break down goals into small steps so that we see them as attainable and know how we are going to reach them.

At our last session on the 24<sup>th</sup> March we plan to give each student an eye pillow to take home. These are rice filled satin cushions of different fragrances. Some of the students have found they don't like the fragrance or that they find the pillows irritates their eyes. Those that have found them irritating, have been discouraged from using them on their eye or near their noses and have been encourage instead to just feel and hold the pillows in their hands. For the majority of student, we think the eye pillow activities have been their highlight and they are all looking forward to bringing them home to share them with their families.

We are encouraging all students to continue to use the relaxation and mindfulness activities that they found helpful in the classes and to try and make them a part of their weekly routine. If you're looking for a new idea, the students have been using music to relax and be mindful too this week. Try sitting and listening to a piece of music and noting all the instruments that are used to make the tune. You get to switch off for the 2minutes of the song and you might find you hear things you don't expect. It's all part of helping to train our brains to concentrate and to focus more. Not into music! Try getting a colouring circle going. Each person in the circle has 5minutes to draw a picture. You then exchange papers with the person/s on your right and start colouring in their picture. Depending on how many people you have in your circle you can time your colouring and exchange papers again. The finished product is a shared masterpiece of creativity.

**The school has further information and ideas about mindfulness if you would like more information, contact your child's teacher.**

It's been a pleasure working with all the students and staff at Taree West Public School.

Kind Regards

Lauren Vaughan and Meggy Stevens

For further information we can be contact on 6539 6300.



**Taree West Public school**

**Term 1 Social**

**Wednesday 23rd March 2016**

**KINDERGARTEN—YEAR 2**

**6.00 PM—7.00 PM**

**COST \$3.00 (includes entry and an ice tube)**

**THEME ..... CRAZY HAIR**

**YEAR 3—YEAR 6**

**7.00- 8.30 PM**

**COST \$4.00 (includes entry,**

**a packet of chips and an ice tube)**

**THEME ..... MOVIE OR TV CHARACTER**

**WHERE .....Taree West Public School Communal Hall**

**ONLY TWPS staff and students will be allowed to enter the hall.**

**Only current TWPS students will be able to attend.**

**Students are to be dropped off no earlier than 10 minutes before the start time of the disco.**



## Community Advertisements

**Manning Valley OOSH 2015 @ Taree West Public**

|                             |                               |
|-----------------------------|-------------------------------|
| Before School: 6:30am – 9am | Full fee before school – \$10 |
| After School: 3pm – 6:30pm  | Full fee after school – \$17  |
| Vacation Care: 7am – 6pm    | Full fee vacation care – \$42 |

Enrolling is Easy!! Casual and on the day bookings accepted!!  
 Pay as little as \$0 Before School Care \$2.05 After School Care and \$3.65 Vacation care, with Centrelink percent at 100%

[Kerrie@eastcoastchildcare.com.au](mailto:Kerrie@eastcoastchildcare.com.au) Kerrie- 0499258875

**Girl Guides Go Places**  
*Taree 1st Girl Guides*

**Taree 1st Girl Guides**  
 Empowering young girls and women to achieve anything they want to be

Meets Fridays during School terms  
 Pixies (5-7yrs) & jnrs (7-10yrs) : 4pm - 5.30pm  
 Guides (10-14yrs) & Snr Guides (15-17yrs) : 6pm - 8pm

For further details Contact:  
 Cindee (Green Fairy) on  
 0490502634 / 0484916607

**FREE TENNIS DAY**  
 At Taree Tennis Club on Sunday, 3 April 2016  
 from 10am to 1pm

**COME AND MEET OUR NEW  
 HOT SHOTS ACCREDITED COACH  
 KRISTY JACKSON**

Kids 4 to 16 years old welcome!!  
 Available to all standards

- Lots of activities
- Free sausage sizzle

Contact Kristy on 0434 621 496 or Chris 0432 788 901

## Paid Advertisements

Try **Taree Great Lakes Physie** for FREE!

Call Lyn 0428 210 800 or go to [www.tareegreatlakesphysie.com](http://www.tareegreatlakesphysie.com)

Classes held in Gloucester, Taree, Stroud and Forster/Tuncurry.

Associate—Lyn Creek

20 Dawson Crescent

GLOUCESTER 2422

Ph. 6558 1576

Mob. 0428 210 800

[lyn.tglphysie@gmail.com](mailto:lyn.tglphysie@gmail.com)

[www.tareegreatlakesphysie.com](http://www.tareegreatlakesphysie.com)



We provide a holistic look at child development: whether it's from the feet up or vice versa. Common problems we see are:

**Severs Disease (sore heels)**

**Sore feet, knees and hips (growing pains)**

**Flat Feet**

**Ingrown Toenails**

**Pigeon Toed**

If you have any concerns, please call us on **6551 4815** to make an appointment or visit our website for more information.

You can find us at 81 Wynter Street, Taree.