

Taree West Public School

Teamwork Welfare Performance Scholarship

Wingham Road Taree NSW 2430

T 02 6552 1910 F 6551 0751 E tareewest-p.school@det.nsw.edu.au

Web www.tareewest-p.schools.nsw.edu.au



Term 1 – Week 6

Wednesday, 2 March 2016

WHAT'S ON

Thursday	3 March	Hunter Regional Swimming
Friday	4 March	School Parliament fundraiser Mufti Day School Clean Up
Monday-Friday	14-18 March	Tell Them From Me student survey
Wednesday	16 March	P&C AGM & meeting
Monday	21 March	Harmony Day – children wear orange
Tuesday	22 March	Scripture Service K-6
Wednesday	23 March	School dance
Thursday	24 March	K-2 Celebration Hat Parade
Friday	25 March	Good Friday Public Holiday
Monday	28 March	Easter Monday Public Holiday
Thursday	31 March	PCYC Gym starts for 1C, 2G and 2S
Thursday	7 April	End of Term Assembly Grandparents Day
Thursday	28 April	School ANZAC service
Monday	16 May	School Photos
Tuesday-Friday	10-13 May	NAPLAN Yr 3 & 5 students

Principal's Report

Mufti day this Friday

TWPS School Parliament is coordinating a mufti (out of uniform) day this Friday. The theme of the day is simply about wearing your favourite colour. Children who come to school in mufti will be asked to make a Gold Coin donation as part of school parliament fundraising which will be used towards the Year 6 Farewell later in the year.

Pedestrian safety and road safety for kids

Until the age of 10-11 years, children need active adult supervision to help them navigate driveways, cars, roads and car parks safely. Even children who seem to know all the road safety rules won't necessarily remember to follow them.

Always holding your child's hand when she/he's near cars is a great first step. You can also teach your child about road safety, including how to be safe around parked cars and on footpaths and driveways.

Your child will learn about pedestrian safety by watching you, so use safe behaviour around cars, roads, footpaths and car parks. Always stop, look, listen and think before crossing a road, and use pedestrian crossings wherever possible. Always cross at the safest point, even if you have to walk further out of your way.

Back Gate – Opening and closing times

The back gate at Bayview Crescent will be open each morning by 8:40 am and will be closed again at approximately 9:15am. The gate will then be reopened in the afternoon at 3:00pm and will be reclosed at 3:30pm.

Visitors to the school

All visitors to the school during school hours between 9:10am and 3:10 pm are required to report to the office on arrival. Parents picking up children from school of an afternoon are permitted to enter the school grounds from 3:00pm.



Education &
Communities

Public Schools NSW

Sport

Congratulations to Caleb Whitehouse who is the only student this year who qualified for Region in Swimming. Caleb will be representing our school in Backstroke at the upcoming carnival on Thursday 3 March. We wish you well Caleb!

Clean Up Day

This Friday the students will be participating in a school clean up as part of the Clean Up Australia campaign. Students are asked to bring along disposable gloves.

Our School Facebook Page

Please find us and like us on our school Facebook page. We often share photos and information with our school community.

P&C meeting

The P&C AGM followed by a general meeting will be held on Wednesday 16 March 2015 in the school Library.

Donna Bensch
Principal

Principals Awards

Ethan Namgyal 2-3-4S (x3), Jasmine Robertson 5-6M

Class Awards

Class	Class Award	Class Award	Class Award	Class Award
2-3-4S	Stevie H	Beau M	Igor G	Shay H
3-4B	Kan K	Summa A	Ephraim W	Taite G
3-4K	Charlotte W	Samuel M	Armarlia W	Jonmia R
3-4M	Lara W	Alyssa F	Tom M	Jordan F
3-4-5F	Lily Mc	Luke C	Mackenzie F	Jordan R
4-5-6W	Max F	Madeleine P	Riley B	Tyla H
5-6B	Kurt W	Hayley S	Charentaye L	Chyna J
5-6L	Grace J	Luke C	Ethan R	Makaela S
5-6M	James R	Lydia G	Ethan H	Taylah M
5-6U	Arwen E	Kaydance W	Mitchell S	Carmelitta R

School Voluntary Contributions

In 2016 the Voluntary Contribution is \$25.00 per child in years Kindergarten to Year 6. Fees can be paid directly to the Front Office. Money collected is used to purchase much needed learning materials.

PBL

This fortnight we will continue to focus on our rule '**lining up in bus lines sensibly**'.

Our Infants PBL class of the week is **1C**.

The Primary PBL class of the week is **5/6L**

Our Infants PBL student of the week is **Callie Gillard 1C**



Our Primary PBL student of the week is **Chelsea Munro 3/4M**.

HOMEWORK HELP FOR YOUR CHILD

The Smith Family will commence operating a Homework Club in Term 2 for primary students (Years 3 to 6) at Taree West Public School.

The aim is to provide children with a safe and supportive environment to complete their homework.

The program is staffed by volunteers and The Smith Family's Learning for Life Program Coordinator.

Please note this is not a tutoring service.

The Homework Club starts on Wednesday 11th May and runs once a week throughout the school term. It will also be offered to students during Term 3 and Term 4.

When? Wednesday afternoons 3.15pm to 4.15pm

Where? Taree West Public School library

For more information: contact Heidi Prowse at The Smith Family on 6551 0229 or 0418 418 538.

Places are limited to 10 students so please register your interest before Friday 11th March.



everyone's family

The Tell Them From Me student feedback survey

I am delighted that this term, our school, like many others in the state, will participate in a Department of Education initiative: the Tell Them From Me student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.

More information about the survey is available at:
<http://surveys.cese.nsw.gov.au/information-for-parents>

The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 14 March and 8 April. Participating in the survey is entirely voluntary.

A consent form and a list of frequently asked questions (FAQs) for parents/carers about the survey is being sent home with students. If you do not want your child or children to participate, please return the consent form to school by Friday 11 March. The FAQs and copies of the consent form, including translated consent forms, are available from the website above.

Resilience Program

The Resilience Program continues with all of year 5 and 6 students and we hope you weren't overloaded by the take home activities a couple of weeks ago. If you haven't given them a go, try this week doing some relaxation or having some chill out time with your children, it doesn't have to be quiet time, it could be listening to a song for a couple of minutes and having your child list the number of instruments they could hear being played during the sound. The idea is to take time out from your thoughts and to practice concentrating. Find out what works for you and your child/ren. A great App that is free is 'Smiling Mind'. It has activities aimed at children from 7 years old and up.

Over the last two weeks the classes have been talking about 'Red' and 'Green' thoughts. Just like the stop and go signals on the traffic lights. 'Red' thoughts are negative thoughts and can stop us doing things or trying things and make us feel negative eg. "I can't do it/I give up/It's too hard/I'm silly/I'm not good at it". We are not saying that all thoughts have to be positive; however we are saying that more neutral thoughts are more helpful thoughts and more positive thoughts can challenge the 'Red' thoughts. Examples of 'Green' thoughts are "I can try/I'm brave when I try/ I am brave/I can do it/my teacher or someone else can help me". The students are learning to identify when they have 'Red' and 'Green' thoughts and this week the students will learn how to challenge their 'Red' thoughts with questions. If you catch your children having 'Red' thoughts ask them what may change that thought into a 'Green' thought and maybe give them some suggestions. Eg When trying new food – 'Red' thought = "I hate it" – 'Green' thought = "I haven't tried it and maybe it will be nice/I don't know that till I try it" etc etc.

Don't forget we have our second parent information session on the 10th March at 3:15pm It would be great to see you there and to talk about any questions you have about the activities we have been doing and for us to talk about how you can support your children to build resilience and support good mental health

Lauren and Meggy

The Youth Mental Health Project
 Hunter New England Local Health District

Celebrate Attendance

Hints and Tips No 1: Responsibilities



Parent/s or caregivers are required – by law – to provide a written or verbal explanation to the Principal within seven days of any absence as to why their child was not at school.

It is important that the school receives a written or verbal explanation because:

1. It is a parent's legal obligation to explain their child's absence within seven days
2. It is a requirement that the school investigate all unexplained absences
3. It avoids the school and the School Attendance Officer from making unnecessary investigations
4. It is the way the school knows that your child was legitimately absent and not truanting from school

If you have any difficulties in providing a written explanation of your child's absence, please contact your school principal.



Community Advertisements

Manning Valley OOSH 2015 @ Taree West Public

Before School: 6:30am – 9am
After School: 3pm – 6:30pm
Vacation Care: 7am – 6pm

Full fee before school – \$10
Full fee after school – \$17
Full fee vacation care – \$42

Enrolling is Easy!! Casual and on the day bookings accepted!!
Pay as little as \$0 Before School Care \$2.05 After School Care and
\$3.65 Vacation care, with [Centrelink](#) percent at 100%

Kerrie@eastcoastchildcare.com.au Kerrie- 0499258875



COME AND TRY BMX



Have you ever wanted
to ride a **BMX** bike?

Here's your chance -
Join us and join in!

MANNING VALLEY BMX CLUB
is proud to give you a chance to
'Come And Try' one of the fastest growing
sports in Australia - **BMX racing!**



All you need is a **bike, long-sleeved shirt, long pants, enclosed shoes and full fingered gloves.**
We'll supply the bike, gloves and helmet if you don't have one. Learn how to ride the jumps, roll the berms and play fun BMX games with members of the **MANNING VALLEY BMX CLUB!**

**Sunday 13th March,
10am - 12pm**

Taree BMX Track, Urara Lane.

 Search for Manning Valley BMX Club



SHARKS HOCKEY CLUB

Junior Registration

WEDNESDAYS 4.30pm- 6.00pm

@ Taree Hockey Centre

U7s U9s U11s mixed

U14s & U17s boys & girls

**Sharks Juniors**

Proudly sponsored by The Junction, McDonalds Taree

Enquiries - Ray 0418235926 , Marian 0447897813

e. Sharkshockeyclub@hotmail.com

Paid Advertisements**ANDREA ROWSELL ACADEMY OF DANCE**

is currently taking new enrolments for 2016 and looks forward to finding the best class to suit your child. With a range of classes on offer including Classical Ballet R.A.D , Jazz, Tap and contemporary and venues in both Taree and Old Bar there is a class to suit everybody's needs. Whether it's for fun and fitness or a career in dance the staff have the knowledge and experience to bring out the best in every child. Call Andrea on 65533122 or visit the website andrearowsellacademyofdance.com.au

Guitar Training Centre

A great activity to start the new year
• ONE TRIAL MUSIC LESSON FREE!
 plus a huge **33% OFF** your first term fees

Guitar, drums, bass, piano & singing tuition for children, teens & adults. Inspiring & fun individual lessons from beginner to advanced capacity. Established for more than 25 years - you will flourish in our caring environment. Call now:

6552 1444 or 0407 114 112

www.guitartrainingcentre.com.au
 58 Commerce Street Taree NSW 2430
 email: enquiry@guitartrainingcentre.com.au

... we also sell & repair music instruments ...

LEARN:
 • Guitar • Drums • Bass • Piano • Singing

Try **Taree Great Lakes Physie** for FREE!Call Lyn 0428 210 800 or go to www.tareegreatlakesphysie.com

Classes held in Gloucester, Taree, Stroud and Forster/Tuncurry.

Associate—Lyn Creek

20 Dawson Crescent

GLOUCESTER 2422

Ph. 6558 1576

Mob. 0428 210 800

lyn.tglphysie@gmail.comwww.tareegreatlakesphysie.comwww.midcoastpodiatry.com.au

We provide a holistic look at child development: whether it's from the feet up or vice versa. Common problems we see are:

Severs Disease (sore heels)**Sore feet, knees and hips (growing pains)****Flat Feet****Ingrown Toenails****Pigeon Toed**

If you have any concerns, please call us on **6551 4815** to make an appointment or visit our website for more information.

You can find us at 81 Wynter Street, Taree.

Kerrie Renee

Dance Studio

Wingham - Taree - Tinonee

BALLET, TAP, HIP-HOP, JAZZ/FUNK, CONTEMPORARY, ACRO/GYM, PRESCHOOL

Tel: (02) 6553 1206, Mob: 0450 704 544
 Email: kerrie@krdance.com.au
 Web: www.krdancestudio.com
 f: Kerrie Renee Dance Studio