

Taree West Public School

Teamwork Welfare Performance Scholarship

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Term 2 - Week 2

Tuesday, 17 May 2011

PRINCIPALS REPORT

A warm welcome back to all students and a special welcome to our nine new students who have enrolled at TWPS. This term will be busy with Cross Country, NAPLAN testing for Years 3 and 5, Eisteddfod and the Stage 2 excursion.

I would like to take this opportunity to announce Mrs Sue Emerton's retirement. Sue will be taking Long Service Leave pending retirement and her last day will be Tuesday. Monday's assembly has been moved to Tuesday afternoon so that the students can say goodbye. Sue commenced duties at Taree West as a much younger teacher some 26 years ago. Over these years she has been a valued and supportive member of staff much loved by her students. I know you will join me in wishing Sue a long and happy retirement.

WHAT'S ON?

Friday	6 May	Year 6 T-Shirt order due
Friday	6 May	Next Excursion Payment due
Tuesday	10 May	NAPLAN TESTING YEAR 3 & 5
Wednesday	11 May	NAPLAN TESTING YEAR 3 & 5
Thursday	12 May	NAPLAN TESTING YEAR 3 & 5
Friday	3 June	Pie Orders & Money due to canteen
Friday	3 June	Aussie Bush Camp Year 3 & 4 to be fully paid
Friday	17 June	Pie pick up 10am-11am School Hall
Friday	17 June	Canberra Year 6 – to be fully paid
Friday	24 June	Broken Bay Year 5 – to be fully paid

EXCURSIONS

Please be aware that the next payments for excursions are due on Friday 6 May.

Year 3 & 4 – Aussie Bush Camp – needs to be fully paid by Friday 3 June 2011

Year 6 – Canberra – needs to be fully paid by Friday 17 June 2011

Year 5 – Broken Bay – needs to be fully paid by Friday 24 June 2011

YEAR 6 CANBERRA EXCURSION

Year 6 students will be going on a Canberra Excursion in week 1 of term 3. The Australian Government subsidises Canberra excursions through the PACER program. This subsidy has led to reduced excursion costs for our students. Whilst in Canberra students will be visiting national landmarks such as Old and New Parliament House, The National Museum of Australia, Telstra Tower, Government House, The Australian War Memorial, Electoral Education Centre, Questacon and the Canberra Embassy Tour. We thank the PACER program for the financial support.

STEWART HOUSE DONATION DRIVE

Attached to your newsletter today are donation envelopes for Stewart House. With every \$2.00 donation, you go into a draw for a chance to win a \$4000.00 family holiday to a destination of choice. If you wish to make a donation to this wonderful charity, just follow the steps below.

Step 1: Fill in the envelope with your name, address, telephone number and school.

Step 2: Insert a donation of at least \$2.00 into the envelope and seal it up.

Step 3: Return the envelope to the school office by Wednesday 18 May 2011.

For further information go to www.stewarthouse.org.au or contact Stewart House on (02) 9938 3021.

YEAR 6 T-SHIRTS

An order form was sent home yesterday for anyone in Year 6 who would like to purchase a Year 6 T-Shirt. This shirt can be worn as school uniform for the remainder of the year. Cost will be \$17.00 per shirt. All orders and money needs to be returned by Friday 6th May.

P&C NEWS

Taree West Public School P&C will be running the Friday night raffles at Taree West Bowling Club on Friday 13 May 2011. If you are able to help please be at the club by 5.30pm. The raffles run from 5.30pm to 7.30pm.

Bring the kids along for a wonderful evening of entertainment.

P&C Meeting

Just a reminder that the next P&C meeting will be held on Tuesday 17 May at 2.00pm in the Meeting Room.

P&C Pie Drive

We are once again holding a Pie Drive as a fundraiser. The pies are 'The Famous Timbertown Pie'.

Order forms will be sent home tomorrow, if you require more forms please go to the canteen.

All order forms and money are to be returned to the canteen by Friday 3 June 2011. Pick up day will be Friday 17 June from the school hall between 10.00am and 11.00am. Please note that all pies will be frozen, so they will need to be picked up promptly.

Set a good example

If you do not want your children to shout and rage when they are upset, then stay quiet and calm when you are upset.

If you want your children to tell you about their day, then tell them about your day. Show them how to recount the funny bits and how to talk honestly about the bad bits!

Taking the blame

Angry adults put kids into emotional overdrive. Denial and blame shifting are the most common reactions
"I didn't do it ... she made me ... it wasn't my fault"

Help kids to take responsibility for their own behaviour by preserving their dignity. Keep the emotion low key. Make any punishment a natural consequence. Give them help to solve the problem they have caused.

"I can see you were upset, but what you did was not OK. How are you going to let Mrs Quinn know that you are sorry?"

Attention! Attention!

Children's bad behaviour is often just a "Look at me" trick. Play quietly and no one notices. Behave badly and the spotlight is on!

Being in trouble might not be much fun but it is often better than being ignored!

Don't reward attention seeking behaviour by getting upset or buying into arguments or discussions.

Where the behaviour cannot be ignored, respond quietly and calmly.

"Please play sensibly or go indoors and sit in your quiet spot"

Learning the rules

Rules that describe good behaviour *"Be gentle"* or *"Stay close to me"* are the easiest for young children to understand

Rules that tell children to stop a behaviour *"Don't push"* or *"Don't run off"* are much harder for them to follow.

Rehearse rules that your child may forget.

"What do you have to remember when I am on the phone?"

"Tell me the shopping rules before we get the trolley"

Praise and reward your child for remembering the rules.

HAPPY CHILDREN: HAPPY PARENTS

Healthy parents : happy children

Look after your own mental and physical health. It is an investment that will pay dividends to your family.

If you are exhausted, angry or depressed, how are you going to have happy, relaxed and confident children?

Prioritise so that your energy is spent on things that really matter.

Happy families can have fun in the park, even if they don't have tidy bedrooms!

Is anyone listening?

What if traffic lights blinked amber for five, ten, fifteen minutes before they changed to red. Would you ever stop on amber? No way! You would only stop when the lights went red.

Do you have to tell the kids the same things over and over again? Then chances are that you are stuck on amber and they know it!

Give instructions, make requests and follow through fast with the red light! It works!

Make a choice

Learning to make sensible choices is part of growing up.

It is easy for parents to give punishments for poor choices.

Double your effectiveness by giving rewards for good choices.

Your child gets the choice, you control the consequences.

"If you pack up your toys then I will have time to play outside with you. If you don't pack up I will do it myself but then I won't have time to play"

"You can say sorry now and then we can all hug and be friends. Or you can lay on your bed until you are ready to say sorry"

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21 Palmer Lane North Adelaide South Australia 5006 AUSTRALIA

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